

CEIE

WALK GREEN STAY HEALTHY

WALKING ACTIVITY NO 02

INTRODUCTION:

For more than 190 years **Piotrkowska Street** has been the symbol of Łódź's welfare and might, as well as the pride of its citizens. The street forms a historical axle of the city, along which one of the biggest European textile centres was created in the 19th century. Piotrkowska Street forms a part of the Medieval route connecting the cities of Toruń and Kraków. According to sources, in the 18th century it ran through the forest inhabited by deer, lynxes, wild cats and wolves.

Along with industrial development of the city, the factory buildings and wooden houses appeared, later gradually replaced by magnificent palaces and tenement houses. Piotrkowska soon became the finest street of the city and at the same time the heart of the industrial giant. The city indeed had magnetic appeal for manufacturers and tradesmen, who made business and multiplied their capital. Piotrkowska was not merely a trade centre, but also artistic salon and cultural Mecca of Łódź. It housed theatres, hotels, cinemas, restaurants, bakeries and cafes along with thriving shops selling luxurious goods and clothes. Piotrkowska was the place where all the novelties appeared first: oil street lamps in 1835, the first factory chimney of the White Factory in 1839, which was the result of the appliance of the first steam machine on the Polish territories; first horse carriages in 1840, telephone in 1883, electricity in 1888, first electric tram in the Congress Poland in 1898.

Today the street runs from Wolności Square and ends at Niepodległości Square, formerly known as Leonhardt Market, established in 1904. Currently Piotrkowska Street is 4.2 km long. The northern section being a promenade, the southern part still keeps its character of a transport route. Piotrkowska attracts people who seek rest in numerous beer gardens, pubs, cafes, restaurants, clubs and discos. Tourists may enjoy a ride in rikshaw, segway, old trambus (tram on the bus chassis), which stops at every street crossing the promenade.

THEADVENTURE:

The second walking activity is planned to be the one related to **CULTURE AND CUISINES OFTHE WORLD**. This activity aims to make participants aware of the cultural Łódź and different cuisines that local restaurants offer. Participant will have an opportunity to visit interesting places and taste dishes typical for Greek, Polish and Japaneese cuisines.

The walking activity will start at the permises of Wyższa Szkoła Biznesu i Nauk o Zdrowiu which is situated in post-factory building on Piotrkowska street. Starting from there participants will walk to the first cultural atraction which will be former PARADYŻ which was was one of the most popular sites for entertainment and relaxation at the end of the 19th century. It was situated in the front section of the vast quarter of land stretching up to Wólczańska Street. After demolishing in 1972 the residential building was erected, which can be found in the site today. The complex of buildings around the inn built between 1827-1829 was the property of Jan Adamowski. The inn was a one storey brick structure with a tiled roof. There were total of 11 rooms. In the courtyard it had stables, wine cellar and a bowling alley. Inside the estate was a so-called "Paradise of Łódź" — a magnificent English garden formed of the remains of the municipal

forest, full of fruit trees and with a wooden















gazebo. In 1934 Paradyż changed the owner to Henrietta Hentshlowa, who after marrying Michał Kunkla, handed the business to her husband. The new manager modernised the inn and refurbished the garden, where he set up an exquisite restaurant well-known for its delicious meals. The citizens of Łódź were eager to organise family gatherings at the premises. The successor of Kunkel, his stepson August Hentschel, built a wooden theatre in the garden. For August 1867 they planned the premiere of "Otello" starring a world-famous black actor, Ira Aldridge. Unfortunately, on the 7th August 1867 he died unexpectedly of lung infection in his hotel room. Paradyż also let its stage to magicians, musical events and very popular social games with artist performing on stage.

Heading North the participants will stop at **KAMARI** restaurant, located on Piotrkowska street no 122. This Greek restaurant will welcome the participants who will learn about Greece, its history but most importantly will try typical Greek dishes, including dolmades, halloumi, musaka, gyros, souvlaki and baklava for a desert.

Next stop will be at **KLUB SPADKOBIERCÓW**. Again, participants will have a great opportunity to take a breath and rest for a moment while being served cold and hot starters, salads, main courses and someting sweet at the end. Our guests will listen to a short history of the building and will discover the hidden beauty of the place.

In the turbulent time of the 1960s' the ground floor of the building - the student club "Siódemki" was a meeting place for Lodz artists, one of the regulars was the renowned film director Roman Polanski, composer Krzysztof Komeda and Wojciech Mlynarski. There was a general renovation on the second floor since 1988. The owners of "Siódemki" Mariola i Bogdan Wysoccy decided to open there The Inheritors Club.All works were controlled by the General Conservator of Łódź, because one of the conditions and requirements was to copy was facilities, the atmosphere those exclusive interiors from XIX and XX century had. "Klub Spadkobierców" has five banqueting halls and one of them is very spacious with an attractive wooden bar. The design of all interiors is really impressive with numerous ornaments, decoration and sculptures from that period of time which is a proof of craftman's artistry and inventiveness. Remarkable ceilings, originals ovens and stained glass windowsare worth visitors' attention. The building on 77 Piotrkowska Street is definitely one of the most valued historic places in Łódź.

Continuing the walk to the Freedom Square we will stop at Piotrkowska 67 to learn about former VICTORIA hotel and VICTORIA theatre. For many years the hotel was said to be the most elegant in the city. The advert in a daily newspaper stated: "The numbers (rooms in the hotel) are beautifully and tastefully furnished offering all comforts for guests". The hotel restaurant was also highly recommended: "The food is tasty. The cellar is well and neatly equipped with all kinds of drinks as well as the best Hungarian and foreign wines". A year after opening the hotel, Kern built a theatre under the same name at the back of the site. It was a one storey building with 17 boxes inside covered with tar paper on the roof. The initiative came from Józef Texel, a well-known actor and singer, who became a co-owner a year later. Soon the first floor and the extension in the front were completed. The façade was decorated with the pillasters. After refurbishment the theatre had 33 boxes altogether. They also set up "a buffer heated by an iron stove with a pipe" and gas lights. The famous Puchniewski and Grabowski troupes performed regularly on stage. In 1894 there was even a performance of famous magician prof. Popiel. It is worth mentioning that Aleksander Zelwerowicz was the director at the beginning of 20th century. After the fire in 1909

it was turned into a skating track "Victoria Scating Palace", and then two years later changed to "Casino" cinema with an audience seating 1000 people and folding cinema chairs. The tradition has been preserved until today by "Polonia" cinema.













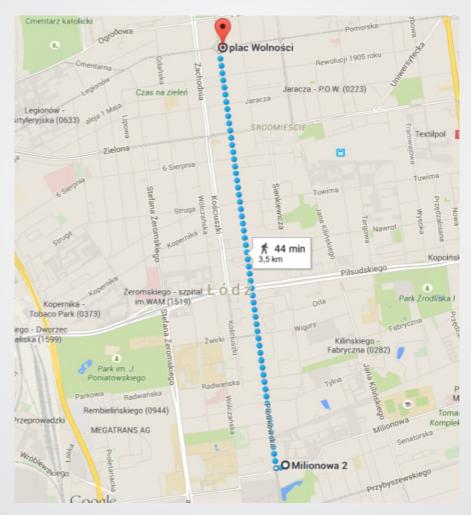
Łódź Walk of Fame

The Walk of Fame in Lodz, located at ul. Piotrkowska between ul. 6 Sierpnia and the Rubinstein Passage. The alley, modeled on the one in Hollywood, was thought up by Jan Machulski, an actor, in 1996. The first brass star – for Andrzej Seweryn, an actor – was embedded in 1998. The stars of directors and operators are on the even side (east), and the ones for actors – on the odd side. The Chapter of the Walk of Fame is functioning at Muzeum Kinematografii (Museum of Cinematography) in Lodz and PWSFTviT in Lodz.

The last stop will be at **ATO SUSHI** restaurant where the participants will take part in SUSHI adventure. This will be a show presenting what the sushi really is, how to prepare it at home and how to eat it as well as what products should be used.

THE SUMMARY:

The distance of the walk is about 4,2 km and the duration should be about 4 hours with all the stops and visits. We will enjoy the weather, great company of all the participants and have a wonderful break in the restaurants where we will stop to discover tastes of the world.



Translation source: www.en.turystyczna.lodz.pl